

**Cal-Nev-Ha Circle K  
Kiwanis Family  
Shadow Program  
Guide**

**2011**

## (I) What is the Kiwanis Family Shadow Program?

The Kiwanis Family Shadow Program is a program that takes place during the month of February, with the purpose of educating Builder’s Clubs and K-Kids on the opportunity of college. However, you can incorporate other branches of the Kiwanis Family as well. For instance, the Kiwanis Family Shadow Program can also apply to Circle K members who would like to check out their Kiwanian’s workplaces. The main idea is just that by allowing one group to shadow another, we will be giving them a chance to see where they may be heading in the future, so they might better prepare for it. Kiwanis Family bonds can also certainly strengthen through this shadow program.

## (II) How Can I Get Started?

The District Kiwanis Family Committee has put together some ideas on how you can get started!

Group	How to Incorporate this Group	Ways to Execute the Event
Kiwanis	Have them allow a Circle K member interested in their career field shadow them at work.	Ask your Kiwanians for permission, or see if any of them are open to letting a Circle K member shadow them at work.
Key Club/ KIWIN'S	Take them to your school for a day and let them sit in on your classes	High schools often get out of session in the early afternoon, so that leaves time for them to go to afternoon classes. Don't forget to get permission

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from your professors for smaller classes!

Take them to a Circle K meeting (board, general, or committee meeting) to let them see how your meetings are run. This can teach them leadership skills as well as encourage them to think about joining Circle K as they go on to college.

Work out details with the presidents of the respective Circle K and Key Club/KIWIN'S.

**Builder's Club**

Give them a tour of the campus and if possible, have them sit in on some interesting classes for a little while.

Speak with the principal of the middle school and the advisor of the Builder's Club to work out a possible field trip during the school week.

An alternative could be taking them to your campus during the weekend and just giving them a tour.

Describe to them a day in the life of an average college student. This will let them really see what college is like.

This can take place in a workshop-type setting at your campus if it is possible for them to take a field trip. If not, you can try to go to their middle school to give a presentation.

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Give them resources to help them develop study skills and interest in extra-curricular activities so that they will be prepared in high school to do well and meet college standards.

This can take place in a workshop-type setting either on your campus or at their middle school, or you can give them hand outs with this information when they go to visit the campus.

K-Kids

Have them take a field trip to your campus and give them a tour.

Talk to the principal, advisor of the club, and parents to see if a field trip can be arranged.

Instead of having them go to your campus, you could also go to theirs to give a presentation. You can focus on letting them know simple things like what college is and why you should go.

Talk to the principal and advisor to see if this can be arranged.

Also, you can help them prepare for middle school and high school as well as college.

(III) End Notes

We hope this guide has helped you come up with ways to help Kiwanis Family members prepare for the future. Please keep in mind that this is just a guide and we also encourage you to incorporate your own ideas on how to get involved in this program!

## Acknowledgments

District Kiwanis Family Committee

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Circle K International Website: <http://www.circlek.org>

California-Nevada-Hawaii District Website: <http://www.cnhcirclek.org>

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