

What is it?

Special Help for Special Needs focuses on promoting the wellbeing of the mentally challenged. This focus has been set up to provide children and young adults with special needs the support they and those around them require to grow and develop. This can be done through helping them in the following areas: behavioral, social, and literary skills. In doing so, this would help people with developmental disabilities to better adapt to living independently.



UC Berkeley at their Single Service Project, "A Day in the Wild" where they played with Down Syndrome Kids

Goals for CNH:

- To give the district a unified focus and specific cause to help serve
- Educate CNH members on the importance and sufficient need for help with the cause
- To help provide CHN members with new ideas and resources to volunteer



Golden Gate Division at their annual Kiwanis Special Games Hosted at De Anza College

How it is Related to International:

- International Service Initiative is Focusing on the Future: Children
- Working with the mentally challenged still provides opportunities for Circle K to help children



For More Information:
Contact the District Service Team
Utilize Resources on the District Website



Special Help For Special Needs

How To Get Involved!



UC Berkeley Circle K cheering on athletes at the Special Olympic's Swimming Event.

Project Ideas

Coaching a Sports Team/ Run Small Competitions

>>Helping with Special Olympics/Special Games by volunteering your time with the kids, helping them improve their skills, cheering them on, or simply letting them know they have support

>>Host different types of competitions for the mentally challenged. (This could even be a Single Service event for the school)



Parent's Day Out

>>Find an organization or group of families that have been affected by special needs and give the parents

a "Parent's day Out," where you can take care of the children while the parents have a stress free day

Find Walks that Support Special Needs

>>Many organizations that address awareness and medical research to the mentally challenged host walks and other fundraisers that help them to raise money for their issue

>>some organizations include: Buddy Walk from National Down Syndrome Society ; Autism Speaks; National Alliance on Mental Illness; The Help Goup, a nonprofit organization dedicated to helping children with special needs



Assisting in an Educational Program

>>Go to high schools or middle schools to educate the youth that kids with disabilities may have some obstacles but are still kids at heart and do not need to be treated differently

>>Teach on campus or present at other organizations to show them how they can help

>>Team up with an organization to teach children with disabilities a new skill (a sport, music, or safety)

Collaborate with an On-Campus Special Needs Organization

>>Many times, there is a student group who already does events with the special needs community. Try to do events with them

and increase the impact they are making

Arts and Crafts

>>This can be working with programs that focus on helping people with developmental disabilities increase their social levels through assisting the with fun arts and crafts projects/ activities



One-On-One Mentorships

>>This would be a one-on-one long term volunteer event in which a volunteer would be paired up with a mentally challenged person to spend time with them, helping to develop their social and behavioral skills



Aktion Club

Aktion Club is the largest community service organization for adults with disabilities.



Key Club

Work with our high school branch on one of these ideas! Help spread the word thabout special needs.

