

# SAMPLE PROJECTS

## SEPTEMBER 6<sup>TH</sup>

THEME: "Back to School, Back to Service"

FOCUS: Academics

- Tutoring (SAT'S, regular, etc.)
  - Elementary, Middle, High School (Key Club & KIWINS)
  - Focus on Low-Income, Low Academic Performance Index (API) Schools
- Mentoring
  - Visiting a Boys and Girls Club with Key Clubbers
- Literacy
  - Make pamphlets on writing skill tips for middle school and high school students
  - Make small storybooks for elementary school kids
  - Make bookmarks and flashcards to encourage kids to learn
- Open House/Back-to-School Nights
- Workshops/Dinner Discussions
  - Presentations on a Successful School Year! (Applicable to all grade levels)
    - Studying Tips
    - Avoiding Procrastination
    - Peer Pressure (Drugs & Alcohol?) Education for Key Club & KIWINS
- Fundraiser for school supplies
- Putting back to school kits together (i.e. stickers, pencils, erasers, snacks, etc.)
  
- Kiwanis Family Teamwork
  - Example: Circle K & Key Club / KIWINS
  - Project: Compile Presentations & Present Together @ Service Project
- Teambuilding activities with Key Club
  - Charade type games while blindfolding (eyes, ears, mouth)
- Old school elementary games: red rover, steal the bacon
- Pyramid building, physical and mental - goal setting by drawing pyramids on paper, making body pyramids but be safe
- Afternoon of playing board games with Key Club, Builders, etc
- Having a back-to-school style carnival with simple relay races like bobbing for apples



# SAMPLE PROJECTS

## OCTOBER 4<sup>TH</sup>

THEME: "Fall Into Service"

FOCUS: Autumn-related projects



- Harvest/Environmental
  - 350 Awareness
    - Resource: [www.350.org](http://www.350.org)
    - Projects:
      - Planting Native Plants / Trees
      - Environmental Conservation Education
- Food Banks
- Dia de Los Muertos
- Chaperoning at Homecoming Dances
- Trick O' Treat for UNICEF
- Halloween Carnivals/Festivals
- Pumpkin-Carving Fundraiser/contests
- Trick O'Treat with Kids
- Educational Trick' O Treating Sessions
- KIWANIS Family Bowling! Some alleys have glow-in-the-dark nights.
- Having a sports day with fall related sports like flag football
- Halloween costume contest
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## NOVEMBER 1<sup>ST</sup>

THEME: "Sharing Thanks for our Family"

FOCUS: Expressions of gratitude

- Make Care Packages w/ Kiwanis Family
  - Target Group: Low-income families, hospitals
- Clothes & Food Distribution to Families
  - @ Local Organizations (Food Banks?), Organize own?
- Campus Fundraisers for District Fundraising Initiative(s)
  - Turkey Raffle
- Adopt-a-Family: Choose one low-income family and donate canned goods and Thanksgiving foods for them to use during the holiday.
- Assist at a soup kitchen with Key Clubbers
- Visit a Veterans Hospital or make thank-you cards for their service
- Host a drive: can food, clothing, books, whatever is needed
- Thanksgiving Dinner w/ the entire local Kiwanis Family
  - Potluck @ Kiwanian's Home
  - Restaurant



# SAMPLE PROJECTS

## DECEMBER 6<sup>TH</sup>

THEME: "Winter Wonderland"

FOCUS: Winter-related projects



- Arts/Crafts indoors
- Card-making for the elderly/hospitals
- Scarves/knitting
- Pediatric Trauma Programs Doll Making
- Food Banks
- Holiday Meals
- Shadow-Days for High School Students: since they may be on Winter-break, they can spend the day on campus with Circle K'ers
- Fundraising: gift wrapping at bookstores
- Get together with other Kiwanis family members and perform at an after school program, orphanage, any other underprivileged children
- Caroling for senior citizens
- Broomball
- Ice Skating Rink
- Ski/Snowboard Trip
- Kiwanis social: Hanging out with Kiwanis (at one of their houses?) and singing carols and roasting chestnuts! =)
- Baking social with hot refreshments (i.e. apple cider, hot chocolate)

## JANUARY 3<sup>RD</sup>

THEME: "Health and Safety New Years Resolutions"

FOCUS: Health and Safety



- Volunteering together at veterans hospitals
- Hosting Pediatric Trauma Prevention fundraisers
- Working marathons/runs
- Health awareness booths on nutrition and exercise
- Same month is also March of Dimes prevention month - tie in service or fundraiser with organization
- Other health related weeks supposedly happen at the same time too: national glaucoma week, national meat week, healthy weight week, fat free living month, hot tea month, oatmeal month
- Lead workshops on how to eat healthy and stay fit
- Have Circle K'ers lead discussion groups with Key Clubbers on mental health (i.e. providing a listening ear to those of them who might be stressed out with family, school, friends, etc.)
- Circle K (CK) Fit w/ Key Club & KIWINS (Inspired by Gail Nipitnorasate) – go on a jog together!
- Running/Swimming/Biking Marathon on Campus w/ Kiwanis Family
- Sports tournament: play general group sports like soccer, basketball, ultimate frisbee, volleyball, etc.

# SAMPLE PROJECTS

## FEBRUARY 7<sup>TH</sup>

THEME: "Hola, Bonjour, Ni Hao: An International Flair for Service"  
FOCUS: International/Cultural Appreciation



- Large scale UNICEF fundraiser
- February 8 is Fly a Kite Day - kite making started in Asia and then went to Europe, possible idea to have KFAM make kites together then donate to a underprivileged children's group
- Organize a fashion show with different ethnic clothing for fundraising
- Work with Key Clubbers and KIWIN'S and find pen pals through the world
- Host international arts and crafts day (i.e. origami, paper basket weaving, etc.) for underprivileged kids or donate to senior citizens as gifts
- Corazon de Vida/Mexico Orphanage trip
- Put together care packages for third-world nations
  
- Lead workshops on diversity (ethnic, gender, etc.) in school, the workplace, etc.
- Have Key Clubbers and Circle Kers find their TRUE COLORS of leadership
- Open language class: Key Clubbers, Circle Kers, Kiwanians and can teach other new phrases
- International celebration - Chinese New Year happens, a social idea to mix in other international holidays too like Mardi Gras (make it tame, just focusing on the history of masks and maybe everyone wears the most prominent colors like green purple and gold)
- Potluck of different foods
- Movie night with movies from all over the world and the US too
- International game night: Chinese checkers, Mancala, Egyptian war

## APRIL 4<sup>TH</sup> 2009

THEME: "Kiwanis One Day"  
PROJECTS: Any of the above!



**Circle K International Website**

[www.circlek.org](http://www.circlek.org)

**District Circle K Website**

[www.cnhcirclek.org](http://www.cnhcirclek.org)

**Got Questions? Contact Cal-Nev-Ha District Kiwanis Family Chair**

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